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**FOR IMMEDIATE RELEASE**

**Documentary focused on the experience of grievers and the ways to support them to air [enter date]**“Speaking Grief” is a production of public media station WPSU Penn State

[DATELINE] — A documentary aimed at creating a more grief-aware society by validating the experience of grievers and helping guide those who wish to support them will air [enter broadcast information].

[“Speaking Grief,”](https://speakinggrief.org/) produced by public media station WPSU Penn State in State College, Pennsylvania, features diverse representations of grief through candid interviews with families whose losses range from stillbirth to suicide. The documentary shares stories from families in Houston; Los Angeles; Oakland, California; Collins, New York; Philadelphia; and Collegeville and Bellefonte, Pennsylvania.

American Public Television is distributing the documentary to public television stations nationwide beginning in May.

Carmichael Khan, who is featured in the documentary, said the sudden loss of his wife forced him into an unexpected role: father and mother to his daughter, Asia, who was 14 years old at the time of her mother’s death.

“I wanted Asia’s life to be stable, to not have to deal with a post-trauma event,” said Khan, who is from Houston. “Recovery is a journey. You are the walking wounded, but there is always hope. I believe I would not be where I am if it were not for the people who assisted me through it.”

The documentary is part of a multi-platform project aimed at elevating a national conversation around grief by creating the space for the journey to recovery. The Speaking Grief Project has been made possible with philanthropic support from the [New York Life Foundation](http://www.newyorklifefoundation.org).

**About WPSU Penn State:**

[WPSU Penn State](http://wpsu.org/), a PBS and NPR station, seeks to spark discovery, enrich learning and strengthen community through vibrant public media. WPSU-TV serves 24 counties in central Pennsylvania and reaches 515,000 households, and WPSU-FM is accessible to more than 450,000 listeners in 13 counties. WPSU is an outreach service of Penn State.

###### **About the New York Life Foundation:**

Inspired by New York Life’s tradition of service and humanity, the New York Life Foundation has, since its founding in 1979, provided over $340 million in charitable contributions to national and local nonprofit organizations. The Foundation supports programs that benefit young people, particularly in the areas of educational enhancement and childhood bereavement. The Foundation also encourages and facilitates the community involvement of employees and agents of New York Life through its Volunteers for Good program and Grief-Sensitive School Initiative. To learn more, please visit [www.newyorklifefoundation.org](https://nam01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.newyorklifefoundation.org%2F&data=02%7C01%7Ccgm17%40psu.edu%7Cbd4496408be24c2dcb1808d81c385049%7C7cf48d453ddb4389a9c1c115526eb52e%7C0%7C0%7C637290376094385878&sdata=qDqF%2FVGSR1Oy%2BM4LVCOCIVwhJ7D7nqo1%2B%2BwYdjxpJHU%3D&reserved=0).

**About APT:**   
American Public Television (APT) is the leading syndicator of high-quality, top-rated programming to the nation’s public television stations. Founded in 1961, APT distributes 250 new program titles per year and more than one-third of the top 100 highest-rated public television titles in the U.S. APT’s diverse catalog includes prominent documentaries, performance, dramas, how-to programs, classic movies, children’s series and news and current affairs programs. *Doc Martin, Midsomer Murders, America’s Test Kitchen From Cook’s Illustrated*, *AfroPoP*, *Rick Steves’ Europe*, *Christopher Kimball’s Milk Street Television*, *Front and Center*, *Lidia’s Kitchen*, *Kevin Belton’s New Orleans Kitchen*, *Simply Ming*, *The Best of the Joy of Painting* with Bob Ross, James Patterson’s *Kid Stew* and *NHK Newsline* are a sampling of APT’sprograms, considered some of the most popular on public television. APT also licenses programs internationally through itsAPT Worldwide service and distributes Create®TV — featuring the best of public television's lifestyle programming — and WORLD™, public television’s premier news, science and documentary channel. To find out more about APT’s programs and services, [visit APTonline.org](https://aptonline.org/).

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